



Bellaire Middle High School : December Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
26 Bacon Scramble Breakfast Pizza BeneFIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit	27 French Toast Sticks w/ Syrup Strawberry Twin Poptarts Assorted Fruit Juice Assorted Chilled Fruit	28 Sausage & Cheese English Muffin Bagel w/ Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit	29 Freshly Baked Oatmeal Breakfast Round Muffin w/ Hard Boiled Egg Assorted Fruit Juice Assorted Chilled Fruit	30 Breakfast Sausage Pizza Strawberry Twin Poptarts Assorted Fruit Juice Assorted Chilled Fruit
3 Bagel w/ Cream Cheese BeneFIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit	4 BeneFIT Breakfast Bar Strawberry Twin Poptarts Assorted Fruit Juice Assorted Chilled Fruit	5 Bacon Egg & Cheese Biscuit BeneFIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit	6 Bacon Scramble Breakfast Pizza Muffin w/ String Cheese Assorted Fruit Juice Assorted Chilled Fruit	7 Egg & Cheese English Muffin Strawberry Twin Poptarts Assorted Fruit Juice Assorted Chilled Fruit
10 Bacon Scramble Breakfast Pizza Oatmeal Breakfast Round Assorted Fruit Juice Assorted Chilled Fruit	11 French Toast Sticks w/ Syrup Muffin w/ Hard Boiled Egg Assorted Fruit Juice Assorted Chilled Fruit	12 Blueberry Muffin with Hard Boiled Egg Strawberry Twin Poptarts Assorted Fruit Juice Assorted Chilled Fruit	13 Colby Cheese Omelet BeneFIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit	14 Sausage Breakfast Wrap Strawberry Twin Poptarts Assorted Fruit Juice Assorted Chilled Fruit
17 Bacon Scramble Breakfast Pizza Strawberry Twin Poptarts Assorted Fruit Juice Assorted Chilled Fruit	18 Cottage Cheese w/ Bug Bite Grahams Muffin w/ Hard Boiled Egg Assorted Fruit Juice Assorted Chilled Fruit	19 Mini Pancakes w/ Syrup Strawberry Twin Poptarts Assorted Fruit Juice Assorted Chilled Fruit	20 Egg & Cheese English Muffin Muffin w/ Hard Boiled Egg Assorted Fruit Juice Assorted Chilled Fruit	21 Bagel w/ Cream Cheese BeneFIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit
DAILY ALTERNATES				
Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

This institution is an equal opportunity provider.

K-12 Breakfast - \$1.50

Questions or Comments?

Please contact Jessica Moody, Food Service Director 231-587-9764ex214 jmoody@mancelonaschools.org