



Bellaire Middle High School Breakfast

November 27th – December 22nd

Monday	Tuesday	Wednesday	Thursday	Friday
27 Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	28 BenefIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	29 Cream Cheese Filled Bagel Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	30 Cherry Frudel Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	1 French Toast Sticks (4) Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit
4 Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	5 Breakfast Parfait with Granola and Local Blueberries Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	6 Bagel with Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	7 Mini Pancakes Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	8 Colby Cheese Omelet with Graham Cracker Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit
11 Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	12 BenefIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	13 Cream Cheese Filled Bagel Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	14 Cherry Frudel Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	15 French Toast Sticks (4) Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit
18 Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	19 Breakfast Parfait with Granola and Local Blueberries Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	20 Bagel With Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	21 Mini Pancakes Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	22 No School
Secondary Breakfast \$1.35 full pay \$.30 reduced Free to those who qualify	Daily Breakfast Alternates Assorted Whole Grain Cereal Bowls, Cereal Bars, Muffins, Bagels, Pop Tarts Accompanied by one (1) of the following: String Cheese Stick, Yogurt Cup or Whole Grain Graham Cracker			

Need a snack between classes? Stop by the café during breakfast, we have ala cart items available for purchase!

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.
 USDA is an equal opportunity employer and provider.

 Locally Grown produce utilized when seasonally available
 Questions or Comments?
 Please contact Jessica Meyers, Director of Dining Services
 231-587-9764 ex 214 jmeyers@mancelonaschools.org