



Bellaire Middle High School: May Breakfast Menu

K-12 Breakfast - \$1.50

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin Monday! 29 Whole Grain Muffin w/ Yogurt Assorted Fruit Juice Assorted Chilled Fruit	30 WG Mini Pancakes w/ Syrup Assorted Fruit Juice Assorted Chilled Fruit	1 Bagel w/ Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit	2 WG Egg & Cheese English Muffin Assorted Fruit Juice Assorted Chilled Fruit	3 Breakfast Fruit & Yogurt Parfait Assorted Fruit Juice Assorted Chilled Fruit
Muffin Monday! 6 Whole Grain Muffin w/ Yogurt Assorted Fruit Juice Assorted Chilled Fruit	7 Bacon Scrambled WG Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit	8 WG French Toast Sticks Assorted Fruit Juice Assorted Chilled Fruit	9 WG Benefit Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit	10 NEW! Overnight Oats Assorted Fruit Juice Assorted Chilled Fruit
Muffin Monday! 13 Whole Grain Muffin w/ Yogurt Assorted Fruit Juice Assorted Chilled Fruit	14 WG Mini Pancakes w/ Syrup Assorted Fruit Juice Assorted Chilled Fruit	15 Freshly Baked Oatmeal Breakfast Round Assorted Fruit Juice Assorted Chilled Fruit	16 WG Egg & Cheese English Muffin Assorted Fruit Juice Assorted Chilled Fruit	17 Breakfast Fruit & Yogurt Parfait Assorted Fruit Juice Assorted Chilled Fruit
Muffin Monday! 20 Whole Grain Muffin w/ Yogurt Assorted Fruit Juice Assorted Chilled Fruit	21 WG Benefit Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit	22 Bagel w/ Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit	23 Bacon Scrambled WG Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit	24 NEW! Overnight Oats Assorted Fruit Juice Assorted Chilled Fruit
DAILY ALTERNATES				
Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

This institution is an equal opportunity provider.

Questions or Comments?

Please contact Jessica Moody, Food Service Director 231-587-9764ex214 jmoody@mancelonaschools.org