



## Bellaire Middle High School: November 27<sup>th</sup> – December 1<sup>st</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>Asian Bowl</b> Popcorn Chicken Asian Brown Rice Sweet & Sour or General TSO Sauce Oriental Vegetables	<b>Nacho Bar</b> Beef Taco Meat Tortilla Chips Cheddar Cheese Sauce Sour Cream Seasoned Black Beans Mexicali Corn	<b>Mashed Potato Bowl</b> Breaded Chicken Drum Dinner Rolls Mashed Potatoes & Gravy Tender Green Beans	<b>Breakfast Burrito</b> Cheddar Scrambled Eggs and Turkey Bacon in Whole Grain Wrap Warm Baked Local Apple Slices	<b>Hot Dog Bar</b> All Beef Hotdog Whole Grain Bun Cheddar Cheese Sauce Chili Topping Bacon Garnish Baked Tater Tots
	<b>2 MATO</b>				
<b>2<sub>mat</sub>o</b>	Meat Lover's Pizza	Pepperoni & Cheese Calzone	Italian Sausage Flatbread	Veggie Lover's Pizza	Michigan Made Boscos Pizza Dipping Sauce
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	<b>GRILLED</b>				
<b>grilled</b>	BBQ Rib Sandwich	Toasted Ham & Swiss	Mini Cheeseburger Sliders	Turkey Corn Dog	Chicken Tenders with Pretzel Rod
	Cheeseburger	Pizza Burger	Cheeseburger	BBQ Cheddar Burger	Cheeseburger
	Crispy Chicken Sandwich	SPICY Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod	SPICY Crispy Chicken Sandwich	Crispy Chicken Sandwich
	<b>SO DELI</b>				
<b>SO DELI</b>	Made to Order Sandwich Bar Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments				
	Weekly Special: Salami				
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Easy "Grab & Go" meals for your convenience! Weekly Special: Popcorn Chicken Salad Available Daily Selections Include: PB & J Sandwich Fun Lunch, Fruit & Yogurt Parfait with Granola, Garden Fresh Salad served with Dinner Rolls				
	<b>Fresh Fruit &amp; Veggie Bar is available with ALL meals!</b>				
<b>extra<sub>extra</sub></b>	Baby Carrots	Spinach & Romaine Side Salad	Baby Carrots	Spinach and Romaine Side Salad	Power Peas
	Fresh Cucumber Coins	Fresh Celery Sticks	Fresh Cucumber Coins	Tomato Salsa	Shredded Romaine
	Applesauce	Fresh Pepper Strips	Shredded Romaine	Cinnamon Applesauce	Fresh Broccoli
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

Student Lunch Price \$2.70  
 Reduced Lunch Price \$.40  
 Free to those who qualify  
 Milk \$.50

Locally Grown produce is utilized when seasonally available



**Food Focus of the Month: Root Vegetables**

Questions or Comments?

Please contact Jessica Meyers, Director or Dining Services  
 231-587-9764 ex214 or [jmeyers@mancelonaschools.org](mailto:jmeyers@mancelonaschools.org)

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## Bellaire Middle High School: December 4<sup>th</sup> – 8<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>Loaded SOUP!</b> Michigan Made Bosco Sticks Tomato Soup Fresh Basil Shredded Mozzarella Diced Tomatoes	<b>Fajitas!</b> Whole Grain Tortilla Fajita Chicken Peppers & Onions Shredded Cheddar Sour Cream Mexican Black Beans	<b>Loaded Mac!</b> Creamy Macaroni and Cheese Shredded Cheddar Garnish of Bacon Warm Pretzel Rod Broccoli Florets	<b>Mashed Potato Day</b> Salisbury Steak Brown Gravy Mashed Potatoes Seasoned Corn Whole Grain Dinner Rolls	<b>Breakfast For Lunch</b> Sausage & Cheese Breakfast Sandwich Seasoned Potato Wedges Warm Baked Warm Baked Local Apples Slices
	<b>2 MATO</b>				
<b>2<sup>mat</sup>o</b>	Veggie Lover's Pizza	Italian Sausage Pizza	Chicken Quesadilla	Michigan Made Boscos Pizza Dipping Sauce	BBQ Chicken Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	<b>GRILLED</b>				
<b>grilled</b>	BBQ Rib-B-Q Sandwich	Toasted Pepperoni & Mozzarella Sandwich	Toasted Triple Cheese Sandwich	Bean & Cheese Burrito with Salsa	Bacon Cheeseburger
	Cheeseburger	Hamburger	Bacon Cheeseburger	Pizza Burger	Cheeseburger
	Popcorn Chicken with Pretzel Rod	Crispy Chicken Sandwich	SPICY Crispy Chicken Sandwich	Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar</i> <i>Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i> Weekly Special: Hummus				
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Easy "Grab & Go" meals for your convenience! <b>Weekly Special: Ham &amp; Turkey Chef Salad</b> Available Daily Selections Include: PB & J Sandwich Fun Lunch, Fruit & Yogurt Parfait with Granola, Garden Fresh Salad served with Dinner Rolls				
	<b>Fresh Fruit &amp; Veggie Bar is available with ALL meals!</b>				
<b>extra. extra</b>	Baby Carrots	Spinach & Romaine Side Salad	Fresh Baby Spinach	Spinach and Romaine Side Salad	100% Fruit Juice
	Fresh Celery Sticks	Cucumber Coins	Fresh Cherry Tomatoes	Fruit Gelatin	Power Peas
	Fresh Broccoli	Fresh Pepper Strips	Rosy Applesauce	Broccoli Ranch Salad with Carrots	Fresh Pepper Strips
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

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 Reduced Lunch Price \$.40  
 Free to those who qualify  
 Milk \$.50



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**Food Focus of the Month: Root Vegetables**

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Questions or Comments?

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 231-587-9764 ex214 or [jmeyers@mancelonaschools.org](mailto:jmeyers@mancelonaschools.org)



## Bellaire Middle High School: December 11<sup>th</sup> – 15<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>Homestyle Bowl</b> Breaded Chicken Drum Fresh Baked Biscuit Seasoned Potato Wedges Tender Green Beans	<b>Taco Tuesday!</b> Seasoned Beef Taco Shredded Cheddar Sour Cream Pico De Galo Warm Spiced Peaches	<b>Soup n Spud!</b> Beef & Bean Chili Fresh Baked Potato Sour Cream Shredded Cheddar Whole Grain Saltines Local Apple Crisp	<b>Mashed Potato Bowl</b> Beef Meatballs Mashed Potatoes Brown Gravy Whole Grain Garlic Twist Breadsticks Local Roasted Carrots	<b>Asian Bowl</b> Sweet & Sour Popcorn Chicken Brown Rice Cinnamon Roasted Pineapple Tidbits Sweet & Sour Sauce Broccoli Florets
	<b>2 MATO</b>				
<b>2<sub>mato</sub></b>	Beef Fiestada Pizza	Italian Sausage Flatbread	Michigan Made Boscos Pizza Dipping Sauce	Pepperoni & Cheese Calzone	Michigan Made Boscos Pizza Dipping Sauce
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Mini Cheeseburger Sliders	Toasted Ham & Swiss	Toasted Patty Melt	Ham & Cheese on Pretzel Roll	Turkey Corn Dog
	Cheeseburger	Bacon Cheeseburger	Cheeseburger	Pizza Burger	Cheeseburger
	Crispy Chicken Sandwich	SPICY Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod	SPICY Crispy Chicken Sandwich	Crispy Chicken Sandwich
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar</i> <i>Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Weekly Special: Chicken Salad				
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Easy "Grab & Go" meals for your convenience! Weekly Special: Chicken Salad Platter Available Daily Selections Include: PB & J Sandwich Fun Lunch, Fruit & Yogurt Parfait with Granola, Garden Fresh Salad served with Dinner Rolls				
	<b>Fresh Fruit &amp; Veggie Bar is available with ALL meals!</b>				
<b>extra<sub>extra</sub></b>	Spinach & Romaine Side Salad	Shredded Romaine	Tossed Side Salad	Spinach and Romaine Side Salad	Shredded Romaine
	Cole Slaw	Cucumber Coins	Fresh Cucumber Coins	Power Peas	Baby Carrots
	Fresh Broccoli	Fresh Pepper Strips	Baby Carrots	Peaches with Local Blueberries	Fresh Celery Sticks
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

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## Bellaire Middle High School: December 18<sup>th</sup> – 22<sup>nd</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>Burger Bar</b> Hamburger on Choice of Bun Assorted Fresh Toppings BBQ Baked Beans	<b>Nacho Bar</b> Beef Taco Meat Tortilla Chips Queso or Cheddar Cheese Sauce Sour Cream Pico De Galo	<b>Popcorn Chicken Day!</b> Popcorn Chicken Side of Macaroni & Cheese Cauliflower	<b>Ham Dinner</b> Glazed Ham Stuffing Local Orange Glazed Carrots Dinner Roll Local Cherry Crisp	<b>No School</b>
	<b>2 MATO</b>				
	Michigan Made Boscoss Pizza Dipping Sauce	Southwest Chicken Flatbread	Pepperoni & Cheese Calzone		
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	
	<b>GRILLED</b>				
<b>grilled</b>	Crispy Fish & Cheese Sandwich	Turkey Corndog	Toasted Triple Cheese		
	Cheeseburger	BBQ Cheddar Burger	Cheeseburger		
	Crispy Chicken Sandwich	SPICY Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod		
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar</i> <i>Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Weekly Special: Homemade Chunky Tuna Salad				
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Easy "Grab & Go" meals for your convenience! Weekly Special: Lettuce Tomato & Tuna Salad Whole Grain Wrap				
	Available Daily Selections Include: PB & J Sandwich Fun Lunch, Fruit & Yogurt Parfait with Granola, Garden Fresh Salad served with Dinner Rolls				
	<b>Fresh Fruit &amp; Veggie Bar is available with ALL meals!</b>				
<b>extra extra</b>	Baby Carrots	Shredded Romaine	Spinach & Romaine Side Salad	Spinach and Romaine Side Salad	
	Fresh Broccoli	Celery Sticks	Sliced Cucumbers	Cranberry Sauce	
	Fresh Banana	Fresh Pepper Strips	Shredded Romaine	Cinnamon Applesauce	
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	

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