



## BELLAIRE MIDDLE HIGH SCHOOL: November 26<sup>th</sup> – 30<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	Breaded Chicken Drum Green Beans Macaroni and Cheese Dinner Roll	Beef Soft Taco Shredded Cheddar & Michigan Romaine Refried Beans Local Warm Cinnamon Apple Slices	Italian Meat Sauce Rotini Whole Grain Garlic Twist Breadstick Broccoli Florets	Crispy Chicken Breast Tenders Dinner Roll Mashed Potatoes with Gravy Seasoned Corn	Cheesy Chicken & Rice Casserole Fresh Biscuit Honey Roasted Local Root Vegetables
	<b>2 MATO</b>				
	Classic Pepperoni Pizza	Sausage Pizza	Buffalo Chicken Flatbread	Classic Pepperoni Pizza	Beef Fiestada Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Cheeseburger	Bacon Cheeseburger	House Made Chicken & Cheese Quesadilla	BBQ Rib-B-Q Sandwich	Crispy Chicken Sandwich
	Chicken Cordon Bleu Pretzel Sandwich	Popcorn Chicken with Pretzel	Cheeseburger	Crispy Chicken Sandwich	Cheeseburger
	Spicy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Breast Tenders w/Biscuit	Popcorn Chicken with Pretzel	Crispy Chicken Breast Tenders w/Biscuit
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Ham & Cheese Hoagie	Chicken Caesar Salad Wrap	Chicken Bacon BLT Salad	Ham & Cheese Hoagie	Chicken Bacon BLT Salad
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Ham & Cheese Hoagie	Chicken Caesar Salad Wrap	Chicken Bacon BLT Salad	Ham & Cheese Hoagie	Chicken Bacon BLT Salad
	Michigan Blueberry Parfait with Granola	Strawberry Parfait with Granola	Mixed Berry Parfait with Granola	Michigan Blueberry Parfait with Granola	Strawberry Parfait with Granola
	<b>EXTRA EXTRA</b>				
<b>extra extra</b>	Sweet Green Peas	Tomato Salsa	Celery Sticks	Cherry Tomatoes	Baby Carrots
	Baby Carrots	Fresh Cucumber Coins	Creamy Broccoli Slaw	Fresh Vegetable Italian Pasta Salad	Creamy Broccoli Slaw
	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad
	Pineapple Tidbits	Chilled Peaches	Chilled Fruit Cocktail	Applesauce	Mandarin Oranges
	Local Michigan Apple	Fresh Orange Wedges	Fresh Banana	Fresh Grapes	Bananas with Cinnamon Sugar

Student Lunch Price: \$2.80 full pay, \$.40 reduced, free to those who qualify

Questions or Comments?

Contact Jessica Moody (231)587-9764ext214 jmoody@mancelonaschools.org



## BELLAIRE MIDDLE HIGH SCHOOL: December 3<sup>rd</sup> – 7<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	Pulled BBQ Pork Pretzel Bun Honey BBQ Sauce Creamy Cole Slaw Sweet Potato Fries	Beef Baja Rice Bowl w/ Beef Taco Meat & Black Beans Over Brown Rice Shredded Cheddar Avocado Ranch	Open Faced Hot Turkey & Gravy Sandwich Mashed Potatoes Local Green Beans Dinner Roll	Popcorn Chicken Lucky Fried Rice Sweet & Sour Sauce Seasoned Oriental Vegetables	Beef & Bean Chili Loaded Baked Potato With Sour Cream Cheddar Cheese Sauce Crispy Bacon Garnish Dinner Rolls
	<b>2 MATO</b>				
<b>2<sup>matato</sup></b>	Meat Lover's Pizza	Classic Pepperoni Pizza	Cheesy French Bread Pizza	Buffalo Chicken Flatbread	Michigan Made Bosco's with Pizza Sauce
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Buffalo Chicken Panini	Jalapeno Cheddar Burger	Fish & Cheese Sandwich	Ham & Swiss Panini	Chicken Cordon Bleu Pretzel Sandwich
	Bacon Cheeseburger	Popcorn Chicken with Pretzel	Cheeseburger	Bacon Cheeseburger	Cheeseburger
	Spicy Chicken Sandwich	Crispy Chicken Sandwich	Popcorn Chicken with Pretzel	Crispy Chicken Sandwich	Spicy Chicken Sandwich
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Italian Hoagie	Tuna Salad on Bagel with Lettuce & Tomato	Ham & Cheddar Chef Salad	Tuna Salad on Bagel with Lettuce & Tomato	Ham & Cheddar Chef Salad
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Italian Hoagie	Tuna Salad on Bagel with Lettuce & Tomato	Ham & Cheddar Chef Salad	Tuna Salad on Bagel with Lettuce & Tomato	Ham & Cheddar Chef Salad
	Berry Parfait with Granola	Strawberry Parfait with Granola	Peach Parfait with Granola	Strawberry Parfait with Granola	Berry Parfait with Granola
	<b>EXTRA EXTRA</b>				
<b>extra extra</b>	Baby Carrots	Citrus Chickpea Salad	Celery Sticks	Fresh Cherry Tomatoes	Baby Carrots
	Sweet Green Peas	Rosy Applesauce	Sugar Snap Peas	Spinach and Romaine Side Salad	Sugar Snap Peas
	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad
	Pineapple Tidbits	Chilled Peaches	Applesauce	Raisins	Pineapple Tidbits
	Fresh Apple	Fresh Orange Wedges	Fresh Banana	Local Cranberry Pear Fruit Salad	Fresh Pear

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## BELLAIRE MIDDLE HIGH SCHOOL: December 10<sup>th</sup> – 14<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	Breaded Chicken Dum Fresh Biscuit Seasoned Cauliflower Baked Seasoned Fries	Beef Soft Taco Shredded Cheddar & Michigan Romaine Refried Beans Warm Spiced Peaches	Italian Beef Meatballs in Sauce Rotini Local Broccoli Garlic Breadstick	Popcorn Chicken Bowl with Mashed Potatoes Gravy, Local Corn & a Sprinkle of Cheddar Cheese Dinner Roll	Macaroni & Cheese Crispy Bacon Garnish Shredded Cheddar Mixed Vegetables Warm Pretzel
	<b>2 MATO</b>				
	Ham & Cheese Stromboli	Michigan Made Bosco's with Pizza Sauce	Classic Pepperoni Pizza	Hawaiian Pizza	Cheese Calzone
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	<b>GRILLED</b>				
<b>grilled</b>	BBQ Rib-B-Q Sandwich	Fish & Cheese Sandwich	American Grilled Cheese Sandwich	Meatball Sub	Cheeseburger
	Cheeseburger	Cheeseburger	Mushroom Swiss Burger	Popcorn Chicken with Pretzel	Chicken Cordon Bleu Pretzel Sandwich
	Spicy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Popcorn Chicken with Pretzel
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Roast Beef Provolone Honey Mustard Wrap	Egg Salad Wrap	Ham & Cheese Sub	Egg Salad Wrap	Chicken Bacon BLT Salad
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Roast Beef Provolone Honey Mustard Wrap	Egg Salad Wrap	Ham & Cheese Sub	Egg Salad Wrap	Chicken Bacon BLT Salad
	Strawberry Parfait with Granola	Orange Crush Parfait with Granola	Strawberry Parfait with Granola	Berry Parfait with Granola	Strawberry Parfait with Granola
	<b>EXTRA EXTRA</b>				
<b>extra extra</b>	Sweet Green Peas	Citrus Chickpea Salad	Fresh Mushrooms	Fresh Cherry Tomatoes	Carrot Sticks
	Fresh Baby Spinach	Sliced Cucumbers	Broccoli Slaw	Spinach and Romaine Side Salad	Broccoli Slaw
	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad
	Michigan Blueberries Fresh Apple	Chilled Peaches Fresh Orange Wedges	Chilled Fruit Cocktail Fresh Banana	Applesauce Fresh Grapes	Mandarin Oranges Cinnamon Sugar Banana Slices

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## BELLAIRE MIDDLE HIGH SCHOOL: December 17<sup>th</sup> – 21<sup>st</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	Creamy Chicken Alfredo Sauce Penne Pasta Broccoli Florets Cinnamon Sugar Breadstick	Warm Chicken Nachos White Queso Sauce Fresh Pico Avocado Ranch Mexican Black Beans	All Beef Hotdog on White Wheat Bun Chili Sauce Cheddar Cheese Fries Confetti Coleslaw	Sweet and Sour Popcorn Chicken Brown Rice Seasoned Oriental Vegetable Blend	Swedish Beef Meatballs Mashed Potatoes & Gravy Cheddar Stuffed Pretzel Stick Seasoned Corn
	<b>2 MATO</b>				
	Pepperoni & Cheese Calzone	Michigan Made Bosco's with Pizza Sauce	Chicken Alfredo Flatbread	Italian Stromboli	Classic Pepperoni Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Jalapeno Cheddar Burger	Chicken Cordon Bleu Pretzel Sandwich	Avocado Cheddar Burgar	Bacon Cheddar Chicken Melt	Pepperoni & Mozzarella Panini
	Chicken Nuggets with Pretzel Twist	Cheeseburger	Crispy Chicken Sandwich	Cheeseburger	Cheeseburger
	Crispy Chicken Sandwich	Spicy Chicken Sandwich	Popcorn Chicken with Pretzel	Crispy Chicken Sandwich	Chicken Tenders with Pretzel
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Ham & Cheddar Chef Salad	Chicken Salad with Lettuce & Tomato on Croissant	Italian Hoagie	Chicken Salad with Lettuce & Tomato on Croissant	Italian Hoagie
	<b>ON THE GO</b>				
	Ham & Cheddar Chef Salad	Chicken Salad with Lettuce & Tomato on Croissant	Italian Hoagie	Chicken Salad with Lettuce & Tomato on Croissant	Italian Hoagie
	Michigan Blueberry Parfait with Granola	Strawberry Parfait with Granola	Peach Parfait with Granola	Strawberry Parfait with Granola	Mixed Berry Parfait with Granola
	<b>EXTRA EXTRA</b>				
<b>extra extra</b>	Sweet Green Peas Celery Sticks	Fresh Cherry Tomatoes Sliced Cucumber	Celery Sticks Sugar Snap Peas	Fresh Cherry Tomatoes Spinach and Romaine Side Salad	Baby Carrots Cheddar Bacon Pea Salad
	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad
	Pineapple Tidbits	Chilled Peaches	Applesauce	Raisins	Pineapple Tidbits
	Fresh Apple	Fresh Orange Wedges	Fresh Banana	Local Cranberry Pear Fruit Salad	Fresh Pear

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