



## BELLAIRE MIDDLE HIGH SCHOOL: April 29<sup>th</sup> – May 3<sup>rd</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	WG Breaded Chicken Drum Boston Baked Beans Macaroni and Cheese WG Dinner Roll	Beef WG Soft Taco Shredded Cheddar Romaine Lettuce Sour Cream Avocado Ranch Seasoned Corn	Beef Hotdog on WG Bun Beef Chili & Cheddar Cheese Sauce Oven Baked Seasoned Wedges	Chicken Alfredo Sauce over Pasta Herbed WG Breadstick Broccoli Florets Roma Herb Seasoning	Salisbury Steak Mashed Potatoes Brown Gravy Savory Green Beans Cheddar Filled Pretzel Stick
	<b>2 MATO</b>				
	Classic Pepperoni Pizza	Sausage Pizza	Buffalo Chicken Flatbread	Classic Pepperoni Pizza	Veggie Lovers Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Cheeseburger	Bacon Cheeseburger	House Made Chicken & Cheese Quesadilla	BBQ Rib-B-Q Sandwich	Toasted Triple Cheese
	Ham & Swiss Panini	Popcorn Chicken with Pretzel	Cheeseburger	Crispy Chicken Sandwich	Cheeseburger
	Spicy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Breast Tenders w/Biscuit	Popcorn Chicken with Pretzel	Crispy Chicken Breast Tenders w/Biscuit
	<b>ON the GO</b>				
<b>ON THE GO</b>	<b>Convenient House-Made Salads, Sandwiches, and Parfaits available daily, ready to Grab &amp; Go!</b> <i>Salads come with dinner roll and/or croutons</i>				
	Weekly Salad Special: Egg & Cheddar Chef Salad				
	Ham & Cheese Hoagie	Chicken Caesar Salad Wrap	Italian Chicken & Cheese Wrap	Italian Hoagie	Classic Roast Beef & American Sandwich
	Michigan Blueberry Parfait with Granola	Strawberry Parfait with Granola	Mixed Berry Parfait with Granola	Michigan Blueberry Parfait with Granola	Strawberry Parfait with Granola
	<b>Fresh Fruit &amp; Vegetable Bar comes with ALL meals!</b>				
<b>extra extra</b>	Broccoli Slaw	Tomato Salsa	Creamy Cole Slaw	Cherry Tomatoes	Baby Carrots
	Baby Carrots	Fresh Cucumber Coins	Grapefruit Wedges	Garbanzo Beans	Cucumber Slices
	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad
	Pineapple Tidbits	Chilled Pears	Chilled Fruit Cocktail	Mandarin Oranges w/ Pineapple	Mandarin Oranges
	Michigan Apple	Fresh Orange Wedges	Fresh Grapes	Fresh Banana	Bananas with Cinnamon Sugar

Student Lunch Price: \$2.80 full pay, \$.40 reduced, free to those who qualify

Questions or Comments?

Contact Jessica Moody (231)587-9764ext214 jmoody@mancelonaschools.org



## BELLAIRE MIDDLE HIGH SCHOOL: May 6<sup>th</sup> – 10<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	Grilled Chicken Breast Pretzel Bun Baked Tater Tots Tomato & Leaf Lettuce Honey BBQ Sauce Buffalo Ranch Sauce	Beef Taco Meat Tortilla Chips Cheddar Cheese Sauce Seasoned Corn Pico De Gallo Avocado Ranch	Popcorn Chicken WG Dinner Roll Local Apple Crisp Boston Baked Beans	Italian Beef Meatballs Marinara Sauce Penne Pasta Roma Herb Seasoning Local Orange Glazed Carrots	Toasted Cheese Sandwich Tomato Soup Garnished w/ Fresh Diced Tomatoes Shredded Mozzarella
	<b>2 MATO</b>				
	Michigan Made Bosco's with Pizza Sauce	Classic Pepperoni Pizza	Southwest Chicken Pizza	Italian Stromboli	Michigan Made Bosco's with Pizza Sauce
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Buffalo Chicken Panini	Jalapeno Cheddar Burger	BBQ Bacon Cheddar Burger	Ham & Swiss Panini	Toasted Italian Chicken Parm Wrap
	Bacon Cheeseburger	Chicken & Cheese WG Quesadilla	WG Turkey Corn Dog	Bacon Cheeseburger	Cheeseburger
	Spicy Chicken Sandwich	Crispy Chicken Sandwich	Popcorn Chicken with Pretzel	WG Chicken Tenders w/ Dinner Roll	Spicy Chicken Sandwich
	<b>ON the GO</b>				
	<b>Convenient House-Made Salads, Sandwiches, and Parfaits available daily, ready to Grab &amp; Go!</b> <i>Salads come with dinner roll and/or croutons</i>				
<b>ON THE GO</b>	Weekly Salad Special: Tuna Garden Salad				
	Italian Hoagie	Tuna Salad on Bagel with Lettuce & Tomato	Turkey & Swiss on Pretzel Bun	Turkey & Cheese Sub	Italian Hoagie
	Berry Parfait with Granola	Strawberry Parfait with Granola	Peach Parfait with Granola	Berry Parfait with Granola	Peach Parfait with Granola
	<b>Fresh Fruit &amp; Vegetable Bar comes with ALL meals!</b>				
<b>extra extra</b>	Baby Carrots	Fresh Broccoli	Celery Sticks	Bacon Cheddar Pea Salad	Baby Carrots
	Sweet Green Peas	Cucumber Slices	Creamy Cole Slaw	Bell Pepper Strips	Vegetable Pasta Salad
	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad
	Pineapple Tidbits	Grapefruit Wedges	Applesauce	Grapefruit Wedges	Pineapple Tidbits
	Fresh Apple	Gelatin with Fruit	Fresh Banana	Rosy Applesauce	Fresh Pear

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## BELLAIRE MIDDLE HIGH SCHOOL: May 13<sup>th</sup> – 17<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	BBQ Pulled Pork WG Hoagie Baked Seasoned Waffle Fries Confetti Cole Slaw	Beef WG Soft Taco Shredded Cheddar Romaine Lettuce Sour Cream Avocado Ranch Warm Spiced Peaches	Teriyaki Lo Mein Noodles w/ Chicken, Cabbage & Carrots Teriyaki Sauce Oriental Vegetables	Homemade Chicken Tortilla Soup Tortilla Chips Fresh Pico De Galo Refried Beans	Burger Bar! Beef Cheeseburger on Choice of Bun w/ Fresh Toppings Confetti Cole Slaw WG Cookie
	<b>2 MATO</b>				
<b>2<sup>mat</sup></b>	Classic Pepperoni Pizza	Michigan Made Bosco's with Pizza Sauce	Italian Stromboli	Classic Pepperoni Pizza	Beef Fiestada Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	<b>GRILLED</b>				
<b>grilled</b>	BBQ Rib-B-Q Sandwich	Buffalo Chicken Ranch Panini with Pepperjack	American Grilled Cheese Sandwich	American Grilled Cheese Sandwich	Ham & Swiss Panini
	Chicken Nuggets with Pretzel Twist	Cheeseburger	Mushroom Swiss Burger	Cheeseburger	WG Turkey Corn Dog
	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Crispy Chicken Sandwich	Spicy Chicken Sandwich	Crispy Chicken Sandwich
	<b>ON the GO</b>				
<b>ON THE GO</b>	<b>Convenient House-Made Salads, Sandwiches, and Parfaits available daily, ready to Grab &amp; Go!</b> <i>Salads come with dinner roll and/or croutons</i>				
	Weekly Salad Special: Chicken, Cheddar & Apple Salad				
	Roast Beef & Provolone Wrap	Egg Salad Wrap	Chicken Ranch Wrap	Egg Salad Wrap	Turkey & Cheese Sub
	Strawberry Parfait with Granola	Orange Crush Parfait with Granola	Strawberry Parfait with Granola	Peach Parfait with Granola	Berry Parfait with Granola
	<b>Fresh Fruit &amp; Vegetable Bar comes with ALL meals!</b>				
<b>extra<sup>extra</sup></b>	Sweet Green Peas	Grapefruit Wedges	Fresh Mushrooms	Fresh Broccoli	Fresh Radishes
	Fresh Baby Spinach	Sliced Cucumbers	Broccoli Slaw	Celery Sticks	Cucumber Slices
	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad
	Watermelon Cubes	Chilled Peaches	Chilled Fruit Cocktail	Grapefruit Wedges	Mandarin Oranges
	Michigan Apple	Fresh Orange Wedges	Fresh Banana	Gelatin with Fruit	Bananas with Cinnamon Sugar

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## BELLAIRE MIDDLE HIGH SCHOOL: May 20<sup>th</sup> – 24<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	Creamy Chicken Alfredo Sauce Penne Pasta Broccoli Florets Cinnamon Sugar Breadstick	Warm Chicken Nachos White Queso Sauce Fresh Pico Avocado Ranch Mexican Black Beans	Italian Beef Meatball WG Sub Oven Baked Fries Seasoned Cauliflower	WG Popcorn Chicken Brown Rice Oriental Vegetables Choice of Sauce Cinnamon Roasted Pineapple	Beef Meatballs W/ Gravy Mashed Potatoes Cheddar Stuffed Pretzel Stick Brown Sugar Glazed Local Parsnips
	<b>2 MATO</b>				
	Pepperoni & Cheese Calzone	Beef Fiestada Pizza	Chicken Alfredo Flatbread	Italian Stromboli	Classic Pepperoni Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Jalapeno Cheddar Burger	Toasted Triple Cheese Sandwich	Avocado Cheddar Burger	Bacon Cheddar Chicken Melt	Pepperoni & Mozzarella Panini
	Chicken Nuggets with Pretzel Twist	Cheeseburger	Crispy Chicken Sandwich	Cheeseburger	Cheeseburger
	Crispy Chicken Sandwich	Spicy Chicken Sandwich	Popcorn Chicken with Pretzel	Crispy Chicken Sandwich	Chicken Tenders with Pretzel
	<b>ON the GO</b>				
<b>ON THE GO</b>	<b>Convenient House-Made Salads, Sandwiches, and Parfaits available daily, ready to Grab &amp; Go!</b> <i>Salads come with dinner roll and/or croutons</i>				
	Weekly Salad Special: Ham & Cheddar Chef Salad				
	Ham & Cheese Hoagie	Chicken Salad Croissant	Italian Chicken & Cheese Wrap	Turkey BLT Wrap	Italian Hoagie
	Michigan Blueberry Parfait with Granola	Strawberry Parfait with Granola	Peach Parfait with Granola	Strawberry Parfait with Granola	Mixed Berry Parfait with Granola
	<b>Fresh Fruit &amp; Vegetable Bar comes with ALL meals!</b>				
<b>extra extra</b>	Confetti Coleslaw	Fresh Cherry Tomatoes	Celery Sticks	Fresh Cherry Tomatoes	Baby Carrots
	Celery Sticks	Sliced Cucumber	Sugar Snap Peas	Spinach and Romaine Side Salad	Cucumber Slices
	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad	Michigan Romaine Side Salad
	Pineapple Tidbits	Chilled Peaches	Applesauce	Raisins	Pineapple Tidbits
	Fresh Apple	Fresh Orange Wedges	Fresh Grapes	Mandarin Oranges w/ Pineapple	Fresh Pear

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