



John R. Rodger Elementary: January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7 Whole Grain Muffin w/ Yogurt Assorted Fruit Juice Assorted Chilled Fruit	8 Sausage Egg & Cheese Breakfast Sliders Assorted Fruit Juice Assorted Chilled Fruit	9 Bagel w/ Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit	10 Colby Cheese Omelet Assorted Fruit Juice Assorted Chilled Fruit	11 Sausage Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit
14 Strawberry Cream Cheese Stuffed Bagel Assorted Fruit Juice Assorted Chilled Fruit	15 Bacon Scrambled Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit	16 Mini Maple Pancakes w/ Syrup Assorted Fruit Juice Assorted Chilled Fruit	17 Benefit Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit	18 Egg & Cheese Biscuit Assorted Fruit Juice Assorted Chilled Fruit
21 Benefit Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit	22 Strawberry Cream Cheese Stuffed Bagel Assorted Fruit Juice Assorted Chilled Fruit	23 Freshly Baked Oatmeal Breakfast Round Assorted Fruit Juice Assorted Chilled Fruit	24 Sausage Breakfast Wrap Assorted Fruit Juice Assorted Chilled Fruit	25 Sausage Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit
28 Whole Grain Muffin w/ Yogurt Assorted Fruit Juice Assorted Chilled Fruit	29 Colby Cheese Omelet Assorted Fruit Juice Assorted Chilled Fruit	30 Mini Maple Pancakes w/ Syrup Assorted Fruit Juice Assorted Chilled Fruit	31 Sausage Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit	1 Egg & Cheese Biscuit Assorted Fruit Juice Assorted Chilled Fruit
DAILY ALTERNATES				
Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

This institution is an equal opportunity provider.

K-12 Breakfast - \$1.50

Questions or Comments?

Please contact Jessica Moody, Food Service Director 231-587-9764ex214 jmoody@mancelonaschools.org