



Bellaire Middle High School Breakfast

January 29th – February 23rd

Monday	Tuesday	Wednesday	Thursday	Friday
29 Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	30 BeneFIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	31 Cream Cheese Filled Bagel Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	1 Cherry Frudel Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	2 Freshly Baked Breakfast Oatmeal Round Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit
5 Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	6 Breakfast Parfait with Granola and Local Blueberries Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	7 Cini Minis Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	8 Breakfast Sliders Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	9 Colby Cheese Omelet with Graham Cracker Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit
12 Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	13 BeneFIT Breakfast Bar Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	14 Cream Cheese Filled Bagel Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	15 Cherry Frudel Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	16 Freshly Baked Breakfast Oatmeal Round Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit
19 Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	20 Breakfast Parfait with Granola and Local Blueberries Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	21 Cini Minis Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	22 Breakfast Sliders Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit	23 Colby Cheese Omelet with Graham Cracker Assorted Fruit Juice Assorted Chilled Fruit Fresh Fruit
Secondary Breakfast \$1.35 full pay \$.30 reduced Free to those who qualify	Daily Breakfast Alternates Assorted Whole Grain Cereal Bowls, Cereal Bars, Muffins, Bagels, Pop Tarts Accompanied by one (1) of the following: String Cheese Stick, Yogurt Cup or Whole Grain Graham Cracker			
Not sure what your account balance is? Want to pre pay or pay off your account? ...breakfast is a great time to do that!!				

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.

USDA is an equal opportunity employer and provider.



Locally Grown produce utilized when seasonally available

Questions or Comments?
 Please contact Jessica Meyers, Director of Dining Services
 231-587-9764 ex 214 jmeyers@mancelonaschools.org