



## Bellaire Middle High School: April 30<sup>th</sup> – May 4<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>Chicken Dippin Day!</b> Chicken Breast Tenders Baked Fries BBQ Baked Beans Cheddar Filled Pretzel Breadstick Honey BBQ Sauce Chimi Churi Sauce	<b>Mashed Potato Bowl</b> Salisbury Steak Mashed Potatoes Brown Gravy Local Green Beans Dinner Rolls	<b>Asian Bowl</b> Chicken Egg Roll Sweet & Sour Sauce Fried Rice Oriental Vegetables Local Roasted Carrots	<b>Breakfast Bowl</b> Scrambled Eggs Fresh Baked Biscuit Sausage Gravy Shredded Cheddar Diced Breakfast Potatoes	<b>Nacho Bar</b> Beef Taco Meat Tortilla Chips Cheddar Cheese Sauce Sour Cream House Made Pico Mexicali Corn
	<b>2 MATO</b>				
<b>2<sub>mat</sub>o</b>	Personal Pepperoni Pizza	Pepperoni & Cheese Calzone	Sausage Flatbread	Meat Lover's Pizza	Beef Fiestada Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Buffalo Ranch Chicken Pepperjack Wrap	Turkey Corn Dog with Baked Fried	Chicken Tenders with Warm Pretzel	Buffalo Ranch Chickendipity Sandwich	Classic American Grilled Cheese Sandwich
	Hamburger	Pizza Burger	Cheeseburger	BBQ Cheddar Burger	Cheeseburger
	Popcorn Chicken with Pretzel Rod	SPICY Crispy Chicken Sandwich	Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod	Crispy Chicken Sandwich
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar</i> <i>Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Weekly Special: Egg Salad				
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Easy "Grab & Go" meals for your convenience! <b>Ham &amp; Turkey Chef Salad &amp; Chicken Breast Caesar Salad Wrap</b>				
	Available Daily Selections Include: <b>PB &amp; J Sandwich Fun Lunch &amp; Fruit and Yogurt Parfait with Granola</b>				
	<b>Fresh Fruit &amp; Veggie Bar is available with ALL meals!</b>				
<b>extra extra</b>	Tossed Side Salad	Baby Carrots	Tossed Side Salad	Baby Spinach	Baby Carrots
	Fresh Celery Sticks	Cucumber Coins	Fresh Cucumber Coins	Fresh Broccoli Florets	Fresh Cucumber Coins
	Raisins	Black Bean Salad	Banana & Strawberries	Applesauce	Garden Peas
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

Student Lunch Price \$2.70  
 Reduced Lunch Price \$.40  
 Free to those who qualify  
 Milk \$.50

USDA is an equal opportunity employer and provider.  
 Menu subject to change without notice.

Locally Grown produce is utilized when seasonally available  
**Food Focus of the Month: Berries!**



Questions or Comments?

Please contact Jessica Meyers, Director or Dining Services  
 231-587-9764 ex214 or [jmeyers@mancelonaschools.org](mailto:jmeyers@mancelonaschools.org)



## Bellaire Middle High School: May 7<sup>th</sup> – 11<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>Asian Bowl</b> Teriyaki Beef Steak Asian Brown Rice Teriyaki Sauce Oriental Vegetables	<b>Chicken Nachos</b> Tortilla Chips Fajita Marinaded Diced Chicken Peppers & Onions Queso Sour Cream Refried Beans	<b>Loaded SOUP!</b> Michigan Made Bosco Sticks Tomato Soup Fresh Basil Shredded Mozzarella Diced Tomatoes	<b>MTO Hot Sub</b> Beef Meatball or Philly Cheesesteak Sub Italian Herb Seasoning Peppers & Onions Local Cinnamon Apple Slices	<b>Loaded Mac!</b> Creamy Macaroni and Cheese Shredded Cheddar Garnish of Bacon Cheddar Breadstick Broccoli Florets Buffalo Ranch
	<b>2 MATO</b>				
<b>2<sup>mat</sup>o</b>	Michigan Made Boscoss Pizza Dipping Sauce	French Bread Pizza	Chicken Quesadilla	Hawaiian Pizza	Neapolitan Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	<b>GRILLED</b>				
<b>grilled</b>	BBQ Rib-B-Q Sandwich	Toasted Pepperoni & Mozzarella Sandwich	Turkey Corn Dog with Baked Fries	Classic American Grilled Cheese	Austin Beef Steak Twister Wrap
	Cheeseburger	Hamburger	Bacon Cheeseburger	Pizza Burger	Cheeseburger
	Popcorn Chicken with Pretzel Rod	Crispy Chicken Sandwich	SPICY Crispy Chicken Sandwich	Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar</i> <i>Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i> Weekly Special: Hummus				
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Easy "Grab & Go" meals for your convenience! <b>Chicken Bacon BLT Salad &amp; Honey Mustard Roast Beef Wrap</b> Available Daily Selections Include: <b>PB &amp; J Sandwich Fun Lunch &amp; Fruit and Yogurt Parfait with Granola</b>				
	<b>Fresh Fruit &amp; Veggie Bar is available with ALL meals!</b>				
<b>extra. extra.</b>	Baby Carrots	Spinach & Romaine Side Salad	Broccoli Slaw	Spinach and Romaine Side Salad	100% Fruit Juice
	Fresh Celery Sticks	Cucumber Coins	Sliced Mushrooms	Fresh Pepper Strips	Garden Peas
	Fresh Broccoli	Fresh Radishes	Rosy Applesauce	Mandarin Oranges	Banana & Strawberry Slices
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

Student Lunch Price \$2.70  
 Reduced Lunch Price \$.40  
 Free to those who qualify  
 Milk \$.50

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**Food Focus of the Month: Berries!**

Questions or Comments?

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 231-587-9764 ex214 or [jmeyers@mancelonaschools.org](mailto:jmeyers@mancelonaschools.org)

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## Bellaire Middle High School: May 14<sup>th</sup> – 18<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>Homestyle Bowl</b> Breaded Chicken Drum Fresh Baked Biscuit Seasoned Potato Wedges Tender Green Beans Honey Lime Buffalo Sauce	<b>Taco Tuesday</b> Beef Taco Meat Whole Grain Tortilla Refried Beans Shredded Romaine Cheddar Cheese Buffalo Ranch Sauce House Made Pico	<b>Loaded Local Spud</b> Baked Ham Local Baked Potato Sour Cream Shredded Cheddar Soft Pretzel Local Blueberry Crisp	<b>Pasta Bowl</b> Diced Chicken Rotini Noodles Alfredo Sauce Fresh Baked Garlic Breadstick Broccoli Florets	<b>Asian Bowl</b> Sweet & Sour Popcorn Chicken Brown Rice Cinnamon Roasted Pineapple Tidbits Choice of Sauce Oriental Veggies
	<b>2 MATO</b>				
<b>2<sup>mat</sup>o</b>	Beef Fiestada Pizza	Italian Sausage Flatbread	Mexican Pizza	Pepperoni & Cheese Calzone	Michigan Made Boscos Pizza Dipping Sauce
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	<b>GRILLED</b>				
<b>grilled</b>	Ham & Cheese on Pretzel Bun	Fish Sticks with Seasoned Fries	Buffalo Bacon Cheddar Chicken Sandwich	All Beef Hot Dog on Bun	Turkey Corn Dog with Baked Fries
	Cheeseburger	Bacon Cheeseburger	Cheeseburger	Pizza Burger	Cheeseburger
	Crispy Chicken Sandwich	SPICY Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod	SPICY Crispy Chicken Sandwich	Crispy Chicken Sandwich
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar</i> <i>Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Weekly Special: Chicken Salad				
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Easy "Grab & Go" meals for your convenience! <b>Ham &amp; Turkey Chef Salad &amp; Little Italy Wrap</b> Available Daily Selections Include: <b>PB &amp; J Sandwich Fun Lunch &amp; Fruit and Yogurt Parfait with Granola</b>				
	<b>Fresh Fruit &amp; Veggie Bar is available with ALL meals!</b>				
<b>extra<sup>extra</sup></b>	Cole Slaw	Shredded Romaine	Tossed Side Salad	Potato Salad	Rotini Vegetable Pasta Side Salad
	Baby Carrots	Cucumber Coins	Fresh Cucumber Coins	Garden Peas	Baby Carrots
	Fresh Broccoli	Fresh Pepper Strips	Fresh Radishes	Peaches with Local Blueberries	Fresh Celery Sticks
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

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## Bellaire Middle High School: May 21<sup>st</sup> – 25<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>Asian Bowl</b> Teriyaki Glazed Diced Chicken Asian Brown Rice Teriyaki Sauce Local Roasted Carrots	<b>Nacho Bar</b> Beef Taco Meat Tortilla Chips Queso or Cheddar Cheese Sauce Sour Cream Pico De Galo	<b>Popcorn Chicken Day!</b> Popcorn Chicken Side of Macaroni & Cheese Roasted Cauliflower Bellaire Special Sauce	<b>Philly Bowl</b> Beef Philly Steak Hoagie Bun Peppers & Onions Sautéed Mushrooms Cheddar Cheese Sauce Baked Fries	<b>Burger Bar!</b> Cheeseburger Sautéed Mushrooms & Onions Fresh Toppings House Made Sauces Boston Baked Beans
	<b>2 MATO</b>				
<b>2<sub>mato</sub></b>	Meat Lover's Pizza	Pepperoni & Cheese Calzone	Beef Taco Pizza	Personal Cheese Pizza	Philly Cheese Steak Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	<b>GRILLED</b>				
<b>grilled</b>	BBQ Rib-B-Q Sandwich	Turkey Corndog With Baked Fries	Toasted Triple Cheese	Chicken Tenders with Pretzel Rod	Austin Beef Steak Twister
	Cheeseburger	BBQ Cheddar Burger	Cheeseburger	Bacon Cheeseburger	Cheeseburger
	Popcorn Chicken with Pretzel Rod	SPICY Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod	SPICY Crispy Chicken Sandwich	Popcorn Chicken with Pretzel Rod
	<b>SO DELI</b>				
<b>SO DELI</b>	<i>Made to Order Sandwich Bar</i> <i>Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Weekly Special: Tuna Salad				
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Easy "Grab & Go" meals for your convenience! <b>Strawberry Chicken Salad &amp; Creamy Chicken Caesar Salad Wrap</b>				
	Available Daily Selections Include: <b>PB &amp; J Sandwich Fun Lunch &amp; Fruit and Yogurt Parfait with Granola</b>				
	<b>Fresh Fruit &amp; Veggie Bar is available with ALL meals!</b>				
<b>extra<sub>extra</sub></b>	Baby Carrots	Shredded Romaine	Chopped Romaine	Spinach and Romaine Side Salad	Citrus Bean Side Salad
	Celery Sticks	Cucumber Coins	Sliced Cucumbers	Fruit Jell-O	Celery Sticks
	Mandarin Oranges	Fresh Broccoli	Broccoli & Cauliflower	Cinnamon Applesauce	Fresh Tomato Slices
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

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